















FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 Track Tuesday: Lovett Track @ 5:30 AM 	5	6	7	8 Saturday Stride: West Stride @ 7:30 AM 
9	10	11 Track Tuesday: Lovett Track @ 5:30 AM 	12	13	14	15
16	17	18 Track Tuesday: Lovett Track @ 5:30 AM 	19	20	21	22 Saturday Stride: Cochran Shoals @ 8 AM 
23	24	25  Track Tuesday: Lovett Track with adidas @ 5:30 AM	26	27	28	

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 WS Gear Check & Tent: Publix Marathon @ 7:15 AM 	3	4  Track Tuesday: Lovett Track with adidas @ 5:30 AM	5	6	7	8 Chattahoochee Road Race @ 7:45 AM 
9	10  Run Smyrna with adidas: Stout Brothers @ 6:30 PM	11 Track Tuesday: Lovett Track @ 5:30 AM 	12	13	14	15
16	17	18 Track Tuesday: Lovett Track @ 5:30 AM 	19	20	21	22  Saturday Stride: Parkrun @ 9 AM
23	24	25 Track Tuesday: Lovett Track @ 5:30 AM 	26	27	28	29
30	31					